

Nathalie Fari – Incarnating Bodies

Nathalie Fari is not a performer.

Brazilian in Germany and German in Brazil, she is a Space Voyager, who invites people to explore with her the distance between INside and OUTside.

The first time I discovered her work was on stage. At first, considering the group of other actors, one could have thought that she was in the wrong play. Different rhythm, different costume, different energy: Fari appeared like a vision in the background, slow and silent. However, she was exactly the opposite of being in her own world. She was integrating the Space into her Body.

Nathalie Fari's Body absorbs the energy like a sponge. The slightest vibration has an impact on the evolution of her act, emphasized by her extremely precise movements. Requiring rigorous physical training as well as a perfectly detailed body technique, her "performances" develop a new language, concentrated on the organic experience of Space.

With minimalistic esthetic, the artist exposes the fluctuations of her Body to the Public Space, decomposing and analyzing its limits. Twists, stretches, squeezes resonate with the audience. We don't see a woman: we see a Body, the Body, our Body. The contemplation becomes hypnotic, like a meditation.

A Body on the grass, a Body in the woods, a Body under the rock, under a piece of cardboard. Exposed, protected, invasive or peacefully at rest, the Body permanently questions the Space, harmonizes or contrasts with it.

Fari's interventions can be disturbing, funny or absurd and create images for feelings or experiences we can't always clearly define. The artist acts like a mirror; the smallest piece of flesh is plainly involved, engaging the audience in an exclusive and rather unusual intimate dialogue.

We can hear the breathing and feel the intensity of each restricted movement.

We examine: What is inside, what is outside? What is private, what is public?

Like animals on the lookout, our senses wake up and we search for a new kind of connection with our own body.

Maud Piquion

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